

Crowlas & Ludgvan WI Staying Connected

What's New!

Welcome to the August issue of our *Staying Connected* newsletter

Hello, everyone!

August is upon us and many of you are probably entertaining visitors, now that we are allowed to spend time with family members. I hope you're all enjoying yourselves!

Later this month, a number of us will be getting together in a few gardens scattered around the area for some real in-person fun! I can't wait to meet up with some of you and see your happy little faces after so long.



Our August speaker, photographer David Chapman

We're thrilled to announce that the guest speaker at our August monthly Zoom meeting on the 17th will be David Chapman. Many of you are already familiar with David and will know what an entertaining speaker he is. He's going to be telling us about wildlife in Cornwall and where to spot it.

In September, we'll be welcoming Julien Boast, the CEO and Creative Director of the Hall for Cornwall. In October, we've got Jenny Goodman, who will be giving us a presentation about Cornish landscapes. And, finally, in November, we'll be welcoming Jenny Parker from the RSPB.

The committee has not yet begun work on arranging speakers for 2021, as we have no idea what the future holds regarding our ability to meet up in person. If any of you has a crystal ball, please send it to us immediately!

This month will mark the last of our monthly videos. It's been fun putting them together, but now that we seem able to get in-person Zoom speakers more easily, there is no need for the videos as well. Don't forget that they're all on YouTube, so if you missed one you can always go back and watch again. Just go to www.youtube.com and search for 'Crowlas & Ludgvan WI'.

Beginning in October, you'll start receiving printed copies of *County News* again. The committee will be hand-delivering the copies to as many of you as we can!

Finally, if you haven't yet picked up any NFWI raffle tickets, you have until next month to do so. They're only £1 each and there are some fabulous prizes! Please contact Wendie for information about how to pay for your tickets.

- Helen x

What's Di Cooking Today?

This month, Di tells us how to make a colourful salmon tray bake. She promises it will impress any dinner guest! Try it and let us know what you think.

Salmon Tray Bake

Ingredients:

- 1 red onion
- 2 or 3 peppers (assorted colours), cut into strips
- 2 courgettes, cut in thick slices or chunks
- 8 cherry tomatoes
- 2 medium tomatoes, halved
- 4 salmon fillets (Di removes the skin but this is optional)
- Lemon juice
- To make the dish go further, you can add some small parboiled potatoes
- A little oil
- Seasoning
- Basil leaves as a garnish (optional)



Method:

1. Toss the vegetables, except the cherry tomatoes, in the oil (including potatoes)
2. Place on a baking tray and cook for 10-15 minutes until tender (180°C / Gas 6)
3. Place the salmon and cherry tomatoes on top, season and drizzle with oil and lemon juice.
4. Bake for a further 10 minutes until the salmon is cooked.

Serve with a green vegetable of your choice.

You can vary this dish in many ways, by using different fish, or by using root vegetables which will require extra cooking.



Needles & Pins

In last month's issue of *Staying Connected*, we told you all a bit about the various groups Crowlas & Ludgvan members join and enjoy. But we somehow left out our talented Needles & Pins group!

As the title says, members bring along any needlecraft that they're working on to this group – knitting, patchwork, beading, embroidery, etc. Any craft that uses needles and/or pins.

Group members meet in each others' houses, with the mandatory cake, biscuits and other goodies. It's all very informal, and gives members a chance to catch up and chill out (unless anyone is having trouble with a pattern!). The members all help each other out.

At the moment, Needles & Pins is on hold, but they hope to begin meeting up again soon.



In the Garden ... with Lynne

It seems like such a long time now, but a few months ago some of us eagerly took up Alison Latham's challenge to grow a luffa. Or is it a loofah?

Like many of my fellow luffa growers, I was excited at growing them and thought it would be a great idea for using around the home and as an alternative gift. Little did I know at the time how unsuccessful I would be!

Maybe I tried too hard? Out of my three plants (which took forever to germinate), I have two which are growing well and looking really healthy, but as soon as the fruit develops, I get excited and then it just dies back. Any suggestions?

I've now decided to water less and generally ignore them in the hope that they bloom and grow – fingers crossed.

On a positive note, our cucumbers are prolific. I've even made cucumber and lemon cake ... different but yummy.

Enjoy your gardening and I hope to see you soon.

- Lynne



ANAGRAM PAIRS QUIZ!

Each clue consists of two parts, the solutions of which are anagrams of each other. For example, the two solutions to the clue "Performs list of actors" are ACTS and CAST.

- 1. Domesticated friend**
- 2. Leftover fruit**
- 3. Pale coloured dishes**
- 4. Exchange hornet**
- 5. Store couples**
- 6. Catch sight of pans**
- 7. Ignore small cakes**
- 8. Most arid pace**
- 9. Cosy revolvers**
- 10. Sweep hydrangea**
- 11. Pilots stay put**
- 12. Tacks mollusc**
- 13. Look for pursuer**
- 14. Spoil male sheep**
- 15. Tinned meat found in atlas**

Answers on page 4

Pet Show

This month, we asked you to send us photographs of your pets. What a selection! Retired veterinarian Duncan Bruce was good enough to judge the photos for us. Congratulations to the winners, and thanks to all who entered!



OSSIE (Lisa Elsey)



POPPY (Di Curnow)



FRIZZLE (Gail Allen)



FREDDY (Jan Bone)

SHEEP (Rosie Western)



HARRY (Helen Kestle)



JEMIMA (Gail Allen)



OLA (Rosie Western)



MAZEY (Sue Thomas)



MUNGO (Helen Kestle)



SMUDGE (Sylvia Ronan)



TINKER (Gail Allen)



PEBBLE (Pam Smith)

Anagram Pairs Quiz answers: 1. Tame/Mate, 2. Spare/Pears, 3. Pastel/Plates, 4. Swap/Wasp, 5. Stow/Twos, 6. Spot/Pots, 7. Snub/Buns, 8. Driest/Stride, 9. Snug/Guns, 10. Brush/Shrub, 11. Airmen/Remain, 12. Nails/Snail, 13. Search/Chaser, 14. Mar/Ram, 15. Spam/Maps

What Have You Been Getting Up To This Month?

- Sylvia Ronan has been enjoying lockdown, but is missing meeting everyone. She thanks Pat Gloyn for the Book Club, keeping them all going on weekly Zoom chats, and monthly book discussions. She's also really enjoying being involved with the Camera Club and is loving our weekly challenges.



Pam's smartly decorated manhole cover

- Pam Smith has a manhole cover in her garden which was surrounded by not particularly nice concrete. During lockdown, she cemented pebbles onto the space and painted the manhole cover. It looks much nicer now!

- Shirley's son James and family (the USA Battles) are self-isolating in their new but unfinished house at the moment. Shirley will soon be driving them around to select new furniture. She

can't wait!

- Helen Kestle has been indulging her Lego obsession in between dramatic family hospital admissions.



Helen's Lego

She is now at a bit of a loose end after completing a 4000+ piece masterpiece. What next?

- Jane Twose is in The Netherlands, and is bringing grandson Pedrek home with her on the 23rd August for a short stay.
- Julia Havard and her partner Richard have decided to get married! They are delighted that Canon Nigel Marns will marry them at a small and intimate ceremony on 5th September in Ludgvan Church. When things are bit more relaxed, Julia promises a big party so we can help her and Richard celebrate.

WI NOTICES

PLANTS NEEDED IN EXCHANGE FOR DONATION TO WI

Jill Try and her husband Dave have spent the last two years renovating a house in Penzance. The garden was a wilderness and then had builders' rubble added to it. They moved into the house in February before full completion, but they just beat the Covid-19 lockdown! Work on the garden came to a halt, but now Jill and Dave are ready to plant.

There is a large raised bed beneath the patio which Jill had hoped to fill with plants which will grow up and cover the patio edges. The main garden will be mainly lawn with shrub borders.

Dave is shielding, so they are both reluctant to go to garden centres, and after one disappointing foray into online shopping, they've abandoned that idea!

Colleen Lewis, who lives nearby, has donated several plants from her garden, which set Jill wondering if

other members are splitting, dividing or removing surplus plants from their garden. Jill would happily pick up from doorsteps and in return make a donation to Crowlas & Ludgvan WI. If you can help, please email us on crowlasludgvanwi@gmail.com

A REQUEST FOR YOUR RECIPES

Could we please have more recipes that you have tried and would like to share with members?

Remember, you cannot just copy them from a book or the internet. There must be some minor changes.

For example, in this month's newsletter in Di's recipe for Salmon Tray Bake, she always adds chopped par-boiled potatoes but that is her own idea.

The recipes will be reproduced on laminated cards and sold as a fundraiser.

Please send in your favourite recipes to Di Curnow at crowlasludgvanwi@gmail.com.

2020 POPPY APPEAL

Last November, Ludgvan was awash in knitted and crocheted poppies, thanks in large part to our WI members.

It was a community effort, tagged onto the WI's Alleviating Loneliness campaign, with Crowlas & Ludgvan WI members contributing rather a lot

of poppies – Val Puddiphatt alone produced over 750! Jenny Birchall distributed wool and collected poppies at our monthly meetings.

Every single poppy we received last year was used in the village displays. The thousands of poppies used were thoroughly dried and have been stored in Sylvia Ronan's attic since last November.



Last year's Poppy Brigade

However, this year, to fulfill the dream of seeing a cascade of poppies from the church tower, we need even more poppies! And this is where you come in.

At the moment, with the current restrictions, members can carry on creating poppies on their own. Some of you have been at it since last year! Should the restrictions be lifted sufficiently to be safe for all of us, then Sylvia will organise some sewing sessions.

Wool and patterns can again be provided.

If any members have 'gone-over' gazebos they would like to donate, the panelling fabric would make an ideal backing for the poppy cascades.

Please let Sylvia know and she will arrange collection.

JOKE OF THE MONTH: Be Careful What You Wish For

A married couple in their 60s were celebrating their 40th wedding anniversary in a quiet little restaurant.

Suddenly a tiny yet beautiful fairy appeared on their table. She said, "For being such an exemplary married couple and for being loving to each other for all this time, I will grant you each a wish".

The wife answered, "Oh, I want to travel around the world with my darling husband". The fairy waved her magic wand – poof! – two tickets for the Queen Mary II appeared in her hands.

The husband thought for a moment: "Well, this is all very romantic, but an opportunity like this will never come again. I'm sorry, my love, but my wish is to have a wife 30 years younger than me".

The wife and the fairy were deeply disappointed, but a wish is a wish. So the fairy waved her magic wand and poof! ... the husband became 92 years old.

The moral of this story: Men who are ungrateful bastards should remember that fairies are female.

- Val Puddiphatt

If you have a joke you'd like to share, please email it to us!

