

Crowlas & Ludgvan WI Staying Connected

What's New!

Welcome to the October issue of our *Staying Connected* newsletter

Hello, members of Crowlas & Ludgvan WI!

It was really lovely to see those of you who came out on a sunny Sunday afternoon late last month to collect your copies of *County News*. Even though we can't all meet up together properly, it was a really nice opportunity to have a chat in small numbers outside The White Hart.

I'd also like to thank those members who offered to hand deliver newsletters to others. The committee really appreciates your help!

Watch your emails and our Facebook page for details of where you'll be able to collect the November issue of *County News*, which should be with us in a week or so.

I hope you'll all log-in and join us on Zoom on Monday evening for our monthly meeting. Our



guest speaker will be Jenny Goodman who is going to give a presentation on 'The Cornish Coast'.

As you know, in December we usually skip our monthly meeting and all go out for a meal together. Obviously, that won't be possible this year. Instead, the committee will be planning an afternoon Zoom gathering on Monday 14 December at 2pm. More details will follow!

- Helen x

2020 POPPY APPEAL

Thanks to everyone who has been busy knitting and crocheting poppies in the safety of their own homes to help with this community project. The contributions continue to arrive daily and are immediately attached to the 'flights' ready for the main display for Remembrance at Ludgvan Church.



As it is unlikely that we will be able to parade this year, our display of poppies will be even more important. There is still time to help, and wool is available. It can be delivered and

completed poppies can be collected.

At the moment, over 1,000 poppies have been attached to 'flights' of 74-foot lengths which should cascade from the church tower in the hope that storms and high winds will not send them fluttering to the chimneys and treetops of Ludgvan!

Special thanks to Barbara, Polly and Irene who have all dropped off their poppies. Kathy will need an award for her splendid work, and Mary's knitting needles must be smoking with the number she has completed. New member Ros sent some beauties as well.

Every little helps and every one counts, so keep up the good work!

What's Di Cooking Today?

This month, Di is sharing a perfectly simple and perfectly delicious autumn apple recipe with us!

Di's Apple Dumplings

Ingredients

1 dessert apple per person, peeled and cored

Filling for the apple: brown sugar, dried fruit and/or mincemeat

Short crust pastry (or use leftover pastry pieces)

Method:

1. Roll out each piece of pastry into a circle, not too thick.
2. Place the apple in the middle of the pastry.
3. Fill the cored area.
4. Fold the pastry over the apple until completely covered.
5. Glaze with milk.
6. Place in an ovenproof dish, and bake at 180°



for 40 minutes.

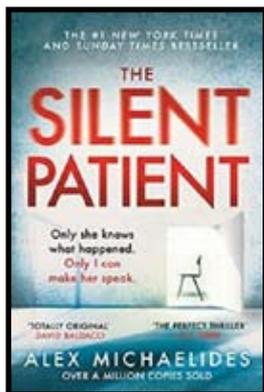
There is no sauce with these dumplings, so serve them with cream or custard. If you'd like, you can substitute pears for the apples.

WI Sub-Groups Still Going Strong!

Despite the difficult and uncertain times we're all facing, some of our sub-groups are managing to thrive. Our Book Group has been able to adapt to the demands of life in this ever-evolving, technical age; and our Camera Club has embraced the outdoors, challenging each other while exploring new places.

Thanks to Pat Gloyn who has been leading the Book Group beautifully in lockdown and encouraging members to join in via Zoom.

The last book under the group's scrutiny was *The Silent Patient* by Alex Michaelides. Lisa recommended this intriguing story, albeit some felt that the psychological data was a tad fanciful at times. However, the plot was intriguing which encouraged all sorts of reading conclusions to be subconsciously explored before finding out exactly whodunit, with such an unexpected twist of events to conclude the compelling story. The group will meet on 30



October to discuss *Blue Lightning* by Anne Cleeves, and then again on 27 November to discuss *Island of Secrets* by Patricia Wilson. If you're interested in joining in, please contact Pat Gloyn.

Our Camera Club met recently for a tramp around Newlyn. Lisa gave each member a slip of paper with four assignments on it - members had to photograph a person, a close-up, a part of a building and the sea.

After getting their courage up, the women felt comfortable enough to start snapping photographs of strangers. The other assignments were a little bit easier!

If you'd like to join members of the Camera Club on their next outing, please contact Lisa or Helen.



A bit of street photography from a Camera Club member.

CRAFT CORNER

This month, committee member Rosie Western shows us how easy it is to make a beautiful beeswax candle.

To make beeswax candles, you'll need:

- Sheets of unwired foundation (beeswax) used by beekeepers. They most commonly come in two sizes: 5-inch height (called shallow) or 8-inch height (called deep). You can purchase the beeswax sheets in packs of 10 or more from a bee equipment supplier or online. Be careful not to purchase unwired foundation which is used to produce cut honeycomb, as this is far too thin to make candles. Some adverts do state if the sheets are suitable for candle making, which is very useful.
- Wick. I would suggest a medium thickness.
- A hairdryer.



The simple equipment you'll need.



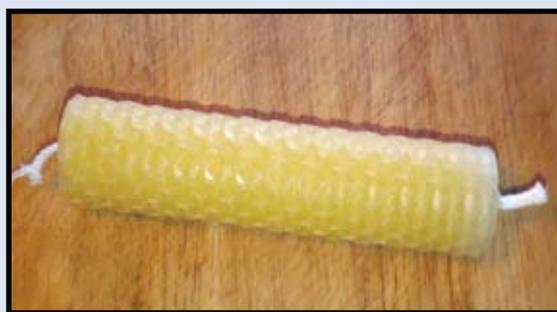
Steps 3 and 4: Putting the wick in place and warming the beeswax

1. Lay the beeswax sheet on a board.
2. Cut the wick a little longer than the depth of the sheet (i.e., 5 1/2 inches or 8 1/2 inches)
3. Lay the wick along the shorter edge of the beeswax sheet as shown.
4. Heat the beeswax sheet with a hairdryer so that the wax becomes pliable and you are able to roll the candle with the wick inside firmly and tightly, as shown.



Step 4: Rolling the candle.

You now have a nicely patterned candle which will burn with a soft yellow glow and an amazing aroma of beeswax!



News from a Former Crowlas & Ludgvan WI Member

Local artist Freya Laughton was the youngest member of Crowlas and Ludgvan WI for a number of years. Many of you will remember her fondly, and with admiration for her wonderful talent and creativity.

Freya is now a new (*very* new!) mum, living and working in Newlyn with her partner.

Pictured here is Freya with her gorgeous three-week-old daughter, Zennor, who weighed in at a magnificent 9lbs.

Mum and Dad are settling into their new roles in life beautifully, but a bit of sleep would be nice ...

We send our very best to Freya and her family.



In the Garden with Lynne

Despite the strong winds and heavy rains lately, the garden is still hanging on and welcoming me with lots of colour and produce.

In particular, although producing at a much slower rate, I'm still harvesting the cucumbers and tomatoes and wondering how long before I can finally say 'thank you' for their impressive abundance and finally dig them up to make way, in the greenhouse, for numerous succulents before any frosts come our way. What a quandary?

I can't be the only one who wants to keep hold of plants for as long as possible, though writing this has made me think I do need to say a final goodbye and then look forward to starting it all again next spring.

There are so many leaves around. I saw this and thought it was a great idea so I'm off to collect some leaves and have a go. Feel inspired? Have a go and send me your photos.

Have a wonderful time, everyone, whatever you're doing.



Sylvia's Luffa Update

The last of the luffas have been harvested and are drying out; all the others have been distributed!

I'm not sure if the seeds in these will come to anything, but we will see.

And here I was thinking I'd have some beautiful homegrown Christmas presents to wrap up!



What a fun competition this has been! It's created so much interest for so many people.

Calling All Crowlas & Ludgvan WI Correspondents!

The Committee loves putting together this monthly newsletter for you, but sometimes we do struggle to find content.

Each month, we like to feature a craft, a recipe, a garden article, something from our sub-groups and a bit of news about you, our members.

If you feel that you could write any of those pieces for us, we'd love to hear from you!

We are now accepting submissions for the November issue of Staying Connected. If you are able to help us, please send your piece to crowlasludgvanwi@gmail.com no later than Monday 9 November.

Thank you!